

Back to Ordinary Time

We are back into Ordinary Time in our Church Year calendar...a place we've not been since February 25. There is nothing ordinary about this time, though; it's almost summer with all the wonderful things to do outdoors and Sunday Mass is never ordinary!

Family Chat:

Talk with your family before the readings today about how they know God is watching over them. What are some of the signs that God is present? Are there certain times when God is particularly present like when we are afraid? Our Gospel uses the words fear and afraid, so think and talk about times of being afraid.

The readings for today are: Jeremiah 20:10-13
Psalm 69:8-10, 14, 17, 33-35
Romans 5:12-15
Matthew 10:26-33

What to Do Next:

Jesus emphasizes God's wisdom by telling his apostles to live in God's love and to not be afraid. If God cares for the tiniest of sparrows, we are certainly cared for, too. Nothing or no one is too small for God's care. Sometimes it can be difficult to see this when we face difficult circumstances, serious illnesses, natural disasters and violence. Sometimes ordinary things can be difficult and it can be hard to know that God is with us.

We have to remember what Jesus said in the Gospel, "Do not be afraid." Our faith can help us through the times of struggle and God never leaves us alone. We need assurances of this love and care; we can be God's hands reaching out to those who are in need. Ask your family members to think about and pray for people who need God's protection and help. Perhaps a note of encouragement could be sent or a phone call made to help cheer up a person who is feeling alone. What other things could be done to help others who need to trust in God's care?

There is a poster posted with the title "Do not be afraid: Put yourself in God's hands." There is also a page of people that can be cut out, decorated and glued onto God's hands. Write your prayer intentions on them. Keep this poster in your prayer area to remember to pray for them each day.

Have a great Sunday!

